

Semester I

COURSE OF INSTRUCTION

Course/subject title	Total credits	Total hours (theory skill lab, clinical)
Communicative English	2	40
Applied Anatomy	3	60
Applied Physiology	3	60
Applied Sociology	3	60
Applied Psychology	3	60
Nursing Foundation-I Including First Aid Module—Theory	6	120
Nursing Foundation-I Including First Aid Module—Practical	4	240 (Skill lab—80, Clinical—160)
Self-study	—	40
Cocurricular	—	40
Total	24	720

(Theory credits = 20, Practical credits = 04, Total = 24)

SCHEME OF EXAMINATION

Course	Assessment (marks)				
	Internal	End semester college exam	End semester university exam	Hours	Total marks
Theory					
Communicative English	25	25	—	2	50
Applied Anatomy and Applied Physiology	25	—	75	3	100
Applied Sociology and Applied Psychology	25	—	75	3	100
Nursing Foundation-I	*25	—	—	—	—
Practical					
Nursing Foundations-I	*25	—	—	—	—

*Will be added to the internal marks of Nursing Foundation-II Theory and Practical respectively in the next semester (Total weightage remains the same)

NURSING FOUNDATION-I INCLUDING FIRST AID MODULE**LIST OF PROCEDURES/SKILLS**

Sl. no.	Procedures/skills	Performs independently	Assists/ observes procedures	Date		Signature of the Tutor/ Faculty
				Skill lab/ simulation lab	Clinical area	
I. Communication and Documentation						
1	Maintaining communication and interpersonal relationship with patients and families					
2	Patient report presentation (verbal report)					
3	Recording/documentation of patient care (written report)					
4	Patient teaching sessions					
5	Records and reports maintained in hospitals					
II. Monitoring Vital Signs						
	Temperature					
6	Oral					
7	Axillary					
8	Rectal					
9	Tympanic					
	Pulse					
10	Radial					
11	Apical					
	Respiration					
	Blood pressure (BP)					

Sl. no.	Procedures/skills	Performs independently	Assists/ observes procedures	Date		Signature of the Tutor/ Faculty
				Skill lab/ simulation lab	Clinical area	
III.	Hot and Cold Application					
12	Hot water bag					
13	Hot pack					
14	Steam inhalation					
15	Hot fermentation					
16	Hot compress					
17	Sitz bath tepid sponge					
18	Nebulization					
19	Cold compress					
20	Ice cap					
21	Cold sponge					
IV.	Health Assessment (Basic First Year)					
22	Health history					
23	Physical assessment—General and system-wise					
24	Documentation of findings					
V.	Infection Control in Clinical Settings					
25	Hand hygiene (hand washing and hand rub)					
26	Use of personal and protective equipment					

Sl. no.	Procedures/skills	Performs independently	Assists/ observes procedures	Date		Signature of the Tutor/ Faculty
				Skill lab/ simulation lab	Clinical area	
VI.	Comfort					
27	Open bed					
28	Occupied bed					
29	Postoperative bed					
30	Supine position					
31	Fowler's position					
32	Lateral position					
33	Prone position					
34	Semi prone position					
35	Trendelenburg position					
36	Lithotomy position					
37	Changing position of helpless patient (moving/turning/ logrolling)					
38	Cardiac table/over-bed table					
39	Back rest					
40	Bed cradle					
41	Pain assessment (initial and reassessment)					
VII.	Safety					
42	Side rail					

Sl. no.	Procedures/skills	Performs independently	Assists/ observes procedures	Date		Signature of the Tutor/ Faculty
				Skill lab/ simulation lab	Clinical area	
43	Restraint (physical)					
44	Fall risk assessment and post-fall assessment					
VIII.	Admission and Discharge					
45	Admission					
46	Discharge					
47	Transfer (within hospital)					
IX.	Mobility					
48	Ambulation					
49	Transferring patient from and to bed and wheelchair					
50	Transferring patient from and to bed and stretcher					
51	Range of motion exercises (ROM)					
X.	Patient Education					
52	Individual patient teaching					

SEMESTER I**LIST OF PRACTICAL REQUIREMENTS**

Sl. no.	Name of practical requirement	Date	Signature of the Teacher
I.	History Taking		
	1.		
	2.		
	3.		
	4.		
II.	Physical Examination		
	1.		
	2.		
III.	Fall Risk Assessment		
	1.		
	2.		
IV.	Pressure Sore Assessment		
	1.		
	2.		
V.	Nursing Process		
	1.		
	2.		
VI.	Completion of First Aid Module		
VII.	Completion of Health Assessment Module		

Signature of the Student**Signature of the Subject Coordinator**

CLINICAL EXPERIENCE DETAILS

Signature of the Faculty Coordinator

Signature of the HOD/Principal

CERTIFICATE

This is to certify that Mr/Mrs/Ms _____ has satisfactorily completed his/her clinical posting of Nursing Foundation-I including First Aid Module Subject, as prescribed by Indian Nursing Council, New Delhi, and _____ University/Board at _____ Hospital.

From: -----/----- 22 to -----/----- 22.

Date:

Place:

Seal and Signature of the Principal

Signature of the Internal Examiner

Name:

Date:

Signature of the External Examiner

Name:

Date:

Supplementary Examination:

Signature of the Internal Examiner

Name:

Date:

Signature of the External Examiner

Name:

Date: