

Contents

Preface to the Fourth Edition

v

GENERAL ANATOMY	<i>Page No.</i>	<i>Signature</i>
Language of Anatomy	2	
Skeleton	12	
Joints	18	
Muscles	22	
Blood Vessels	26	
Lymphatic System	29	
Nervous System	31	
Skin and Fasciae	35	
UPPER LIMB		
Bones	40	
Pectoral Region	43	
Axilla	46	
Back	48	
Scapular Region	51	
Arm	56	
Forearm and Hand	60	
Joints	74	
THORAX		
Bones	82	
Wall of Thorax	86	
Pleura	89	
Lung	90	
Mediastinum	93	
Pericardium and Heart	94	
Oesophagus and Thoracic Duct	99	
LOWER LIMB		
Bones	104	
Front of Thigh	107	

	<i>Page No.</i>	<i>Signature</i>
Medial Side of Thigh	110	
Gluteal Region	112	
Popliteal Fossa	116	
Back of Thigh	119	
Front, Lateral and Medial Sides of Leg and Dorsum of Foot	122	
Back of Leg	130	
Sole of Foot	133	
Venous Drainage	134	
Joints	135	
Arches of Foot	139	
ABDOMEN AND PELVIS		
Osteology	148	
Anterior Abdominal Wall	150	
Male External Genital Organs	157	
Abdominal Cavity and Peritoneum	159	
Stomach	162	
Small and Large Intestines	164	
Large Blood Vessels of the Gut	166	
Extrahepatic Biliary Apparatus	168	
Spleen, Pancreas and Liver	169	
Kidney and Ureter	172	
Thoracoabdominal Diaphragm	174	
Posterior Abdominal Wall	175	
Perineum	177	
Boundaries and Contents of Pelvis	180	
Urinary Bladder and Urethra	181	
Female and Male Reproductive Organs	183	
Rectum and Anal Canal	187	
Walls of Pelvis	189	
Joints of Pelvis	190	
HEAD AND NECK		
Introduction and Osteology	196	
Scalp and Face	206	
Side of Neck	212	

	<i>Page No.</i>	<i>Signature</i>
Anterior Triangle of Neck	215	
Parotid Region	217	
Temporal and Infratemporal Regions	219	
Submandibular Region	223	
Structures in the Neck	226	
Prevertebral and Paravertebral Regions	230	
Back of Neck	233	
Contents of Vertebral Canal	234	
Cranial Cavity	235	
Contents of the Orbit	237	
Mouth and Pharynx	239	
Nose and Paranasal Sinuses	242	
Larynx	245	
Tongue	246	
Ear	248	
Eyeball	250	
Muscles	252	
BRAIN		
Meninges of the Brain and Cerebrospinal Fluid	258	
Spinal Cord	260	
Cranial Nerves	263	
Brainstem	273	
Cerebellum	277	
Fourth Ventricle	279	
Cerebrum	281	
Third and Lateral Ventricles of Brain	286	
Blood Supply of Spinal Cord and Brain	289	

Index of Competencies

Competency Number	CORE (Y/N)	Practical Competencies Covered	Page No.
AN 1.1		Anatomical Terminology Demonstrate normal anatomical position, various planes, relation, comparison, laterality and movement in our body	2
AN 1.2		Describe composition of bone and bone marrow	12
AN 2.1		General Features of Bones and Joints Describe parts, blood and nerve supply of a long bone	14
AN 2.4		Describe various types of cartilage with its structure and distribution in body	16
AN 2.5		Describe various joints with subtypes and examples	18
AN 3.1		General Features of Muscle Classify muscle tissue according to structure and action	24
AN 3.2		Enumerate parts of skeletal muscle and differentiate between tendons and aponeuroses with examples	22
AN 4.2		General Features of Skin and Fascia Describe structure and function of skin with its appendages	35
AN 4.4		Describe modifications of deep fascia with its functions	35
AN 5.2		General Features of the Cardiovascular System Differentiate between pulmonary and systemic circulation	26
AN 5.3		List general differences between arteries and veins	27
AN 5.4		Explain functional difference between elastic, muscular arteries and arterioles	26
AN 5.6		Describe the concept of anastomoses and collateral circulation with significance of end-arteries	28
AN 5.8		Define thrombosis, infarction and aneurysm	28
AN 6.1		General Features of Lymphatic System List the components and functions of the lymphatic system	29
AN 6.2		Describe structure of lymph capillaries and mechanism of lymph circulation	29
AN 7.2		Introduction to the Nervous System List components of nervous tissue and their functions	31
AN 7.3		Describe parts of a neurone and classify them based on number of neurites, size and function	31
AN 8.1		Features of Individual Bones (Upper Limb) Identify the given bone, its side, important features and keep it in anatomical position	40
AN 8.2		Identify and describe joints formed by the given bone	40, 74
AN 8.3		Demonstrate important muscle attachment on the given bone	40
AN 9.2		Pectoral Region Breast: Describe the location, extent, deep relations, structure, age changes, blood supply, lymphatic drainage, microanatomy and applied anatomy of breast	43
AN 10.1		Axilla, Shoulder and Scapular Region Identify and describe boundaries and contents of axilla	46
AN 10.3		Describe, identify and demonstrate formation, branches, relations, area of supply of branches, course and relations of terminal branches of brachial plexus	47

Competency Number	CORE (Y/N)	Practical Competencies Covered	Page No.
AN 10.4		Describe the anatomical groups of axillary lymph nodes and specify their areas of drainage	43
AN 10.6		Explain the anatomical basis of clinical features of Erb's palsy and Klumpke's paralysis	48
AN 10.7		Explain anatomical basis of enlarged axillary lymph nodes	44
AN 10.8		Describe, identify and demonstrate the position, attachment, nerve supply and actions of trapezius and latissimus dorsi	48
AN 10.12		Describe and demonstrate shoulder joint for type, articular surfaces, capsule, synovial membrane, ligaments, relations, movements, muscles involved, blood supply, nerve supply and applied anatomy	75
AN 10.13		Explain anatomical basis of injury to axillary nerve during intramuscular injections	52
AN 11.1		Arm and Cubital Fossa Describe and demonstrate muscle groups of upper arm with emphasis on biceps and triceps brachii	56
AN 11.2		Identify and describe origin, course, relations, branches (or tributaries), termination of important nerves and vessels in arm	56
AN 11.5		Identify and describe boundaries and contents of cubital fossa	58
AN 11.6		Describe the anastomosis around the elbow joint	57
AN 12.1		Forearm and Hand Describe and demonstrate important muscle groups of ventral forearm with attachments, nerve supply and actions	60
AN 12.2		Identify and describe origin, course, relations, branches (or tributaries), termination of important nerves and vessels of forearm	60
AN 12.3		Identify and describe flexor retinaculum with its attachments	66
AN 12.4		Explain anatomical basis of carpal tunnel syndrome	72
AN 12.5		Identify and describe small muscles of hand. Also describe movements of thumb and muscles involved	67
AN 12.8		Describe anatomical basis of claw hand	72
AN 12.11		Identify, describe and demonstrate important muscle groups of dorsal forearm with attachments, nerve supply and actions	71
AN 12.14		Identify and describe compartments deep to extensor retinaculum	70
AN 13.2		Features of Joints Describe dermatomes of upper limb	55
AN 13.3		Identify and describe the type, articular surfaces, capsule, synovial membrane, ligaments, relations, movements, blood and nerve supply of elbow joint, proximal and distal radioulnar joints, wrist joint and first carpometacarpal joint	76
AN 13.4		Describe sternoclavicular joint, acromioclavicular joint, carpometacarpal joints and metacarpophalangeal joint	77
AN 14.1		General Features of Bones Identify the given bone, its side, important features and keep it in anatomical position	104
AN 14.3		Describe the importance of ossification of lower end of femur and upper end of tibia	115
AN 14.4		Identify and name various bones in the articulated foot with individual muscle attachment	124
AN 15.1		Front and Medial Side of Thigh Describe and demonstrate origin, course, relations, branches (or tributaries), termination of important nerves and vessels of anterior thigh	108
AN 15.2		Describe and demonstrate major muscles with their attachment, nerve supply and actions	108
AN 15.2		Describe and demonstrate major muscles with their attachment, nerve supply and actions	108
AN 15.3		Describe and demonstrate boundaries, floor, roof and contents of femoral triangle	107
AN 15.4		Explain anatomical basis of psoas abscess and femoral hernia	109
AN 15.5		Describe and demonstrate adductor canal with its content	119

<i>Competency Number</i>	<i>CORE (Y/N)</i>	<i>Practical Competencies Covered</i>	<i>Page No.</i>
AN 16.1		Gluteal Region and Back of Thigh Describe and demonstrate origin, course, relations, branches (or tributaries), termination of important nerves and vessels of gluteal region	112, 115
AN 16.2		Describe anatomical basis of sciatic nerve injury during gluteal intramuscular injections	115
AN 16.3		Explain the anatomical basis of Trendelenburg sign	115
AN 16.4		Describe and demonstrate the hamstrings group of muscles with their attachment, nerve supply and actions	119
AN 16.5		Describe and demonstrate the origin, course, relations, branches (or tributaries), termination of important nerves and vessels on the back of thigh	119
AN 16.6		Describe and demonstrate the boundaries, roof, floor, contents and relations of popliteal fossa	116
AN 17.1		Hip Joint Describe and demonstrate the type, articular surfaces, capsule, synovial membrane, ligaments, relations, movements and muscles involved, blood and nerve supply, bursae around the hip joint	135
AN 17.2		Describe anatomical basis of complications of fracture neck of femur	140
AN 18.1		Knee Joint, Anterior Compartment of Leg and Dorsum of Foot Describe and demonstrate major muscles of anterior compartment of leg with their attachment, nerve supply and actions	122, 125
AN 18.2		Describe and demonstrate origin, course, relations, branches (or tributaries), termination of important nerves and vessels of anterior compartment of leg	122, 126
AN 18.3		Explain the anatomical basis of footdrop	126
AN 18.4		Describe and demonstrate the type, articular surfaces, capsule, synovial membrane, ligaments, relations, movements and muscles involved, blood and nerve supply, bursae around the knee joint	136
AN 18.5		Explain the anatomical basis of locking and unlocking of the knee joint	141
AN 18.6		Describe knee joint injuries with its applied anatomy	141
AN 19.1		Back of Leg and Sole Describe and demonstrate the major muscles of back of leg with their attachment, nerve supply and actions	130
AN 19.2		Describe and demonstrate the origin, course, relations, branches (or tributaries), termination of important nerves and vessels of back of leg	132
AN 19.3		Explain the concept of "Peripheral heart"	134
AN 19.5		Describe factors maintaining importance arches of the foot with its importance	139
AN 19.6		Explain the anatomical basis of flat foot and club foot	142
AN 20.1		General Features, Joints, Radiographs and Surface Marking Describe and demonstrate the type, articular surfaces, capsule, synovial membrane, ligaments, relations, movements and muscles involved, blood and nerve supply of tibiofibular and ankle joint	137
AN 20.2		Describe the subtalar and transverse tarsal joints	138
AN 20.3		Describe and demonstrate fascia lata, venous drainage, lymphatic drainage, retinacula and dermatomes of lower limb	134
AN 20.5		Explain anatomical basis of varicose veins and deep vein thrombosis	142
AN 21.1		Thoracic Cage Identify and describe the salient features of sternum, typical rib, 1st rib and typical thoracic vertebra	82
AN 21.2		Identify and describe the features of 2nd, 11th and 12th ribs, 1st, 11th and 12th thoracic vertebrae	82
AN 21.4		Describe and demonstrate extent, attachments, direction of fibres, nerve supply and actions of intercostal muscles	86
AN 21.5		Describe and demonstrate origin, course, relations and branches of a typical intercostal nerve	87

Competency Number	CORE (Y/N)	Practical Competencies Covered	Page No.
AN 21.6		Mention origin, course and branches/tributaries of: (1) Anterior and posterior intercostal vessels, (2) internal thoracic vessels	87
AN 21.9		Describe and demonstrate mechanics and types of respiration	84
AN 21.11		Mention boundaries and contents of the superior, anterior, middle and posterior mediastinum	93
AN 22.1		Heart and Pericardium Describe and demonstrate subdivisions, sinuses in pericardium, blood supply and nerve supply of pericardium	94
AN 22.2		Describe and demonstrate external and internal features of each chamber of heart	95
AN 22.3		Describe and demonstrate origin, course and branches of coronary arteries	97
AN 22.4		Describe anatomical basis of ischaemic heart disease	101
AN 22.5		Describe and demonstrate the formation, course, tributaries and termination of coronary sinus	97
AN 23.2		Mediastinum Describe and demonstrate the extent, relations, tributaries of thoracic duct and enumerate its applied anatomy	99
AN 23.3		Describe and demonstrate origin, course, relations, tributaries and termination of superior vena cava, azygos, hemiazygos and accessory hemiazygos veins	87
AN 23.4		Mention the extent, branches and relations of arch of aorta and descending thoracic aorta	87
AN 24.1		Lungs and Trachea Mention the blood supply, lymphatic drainage and nerve supply of pleura, extent of pleura and describe the pleural recesses and their applied anatomy	89
AN 24.2		Identify side, external features and relations of structures which form root of lung and bronchial tree and their clinical correlate	91
AN 24.3		Describe a bronchopulmonary segment	91
AN 24.6		Describe the extent, length, relations, blood supply, lymphatic drainage and nerve supply of trachea	90
AN 26.1		Skull Osteology Demonstrate anatomical position of skull, identify and locate individual skull bones in skull	196
AN 26.2		Describe the features of norma frontalis, verticalis, occipitalis, lateralis and basalis	196
AN 26.3		Describe cranial cavity, its subdivisions, foramina and structures passing through them	199
AN 26.4		Describe morphological features of mandible	199
AN 26.5		Describe features of typical and atypical cervical vertebrae (atlas and axis)	203
AN 26.7		Describe the features of the 7th cervical vertebra	205
AN 27.1		Scalp Describe the layers of scalp, its blood supply, nerve supply and surgical importance	106
AN 27.2		Describe emissary veins with its role in spread of infection from extracranial route to intracranial venous sinuses	207
AN 28.1		Face and Parotid Region Describe and demonstrate muscles of facial expression and their nerve supply	208
AN 28.2		Describe sensory innervation of face	207
AN 28.3		Describe and demonstrate origin/formation, course, branches/tributaries of facial vessels	209
AN 28.4		Describe and demonstrate branches of facial nerve with distribution	210
AN 28.6		Identify superficial muscles of face, their nerve supply and actions	208
AN 28.7		Explain the anatomical basis of facial nerve palsy	211
AN 28.8		Explain surgical importance of deep facial vein	211
AN 28.9		Describe and demonstrate the parts, borders, surfaces, contents, relations and nerve supply of parotid gland with course of its duct and surgical importance	217
AN 28.10		Explain the anatomical basis of Frey's syndrome	218
AN 29.4		Side of Neck Explain anatomical basis of wry neck	214

<i>Competency Number</i>	<i>CORE (Y/N)</i>	<i>Practical Competencies Covered</i>	<i>Page No.</i>
AN 31.1 AN 31.3 AN 31.4		Orbit Describe and identify extraocular muscles of eyeball Describe anatomical basis of Horner's syndrome Enumerate components of lacrimal apparatus	237 229 210
AN 32.1 AN 32.2		Anterior Triangle Describe boundaries and subdivisions of anterior triangle Describe and demonstrate boundaries and contents of muscular, carotid, digastric and submental triangles	215 215
AN 33.1 AN 33.2 AN 33.3 AN 33.4 AN 33.5		Temporal and Infratemporal Regions Describe and demonstrate extent, boundaries and contents of temporal and infratemporal fossae Describe and demonstrate attachments, direction of fibres, nerve supply and actions of muscles of mastication Describe and demonstrate articulating surfaces, type and movements of temporomandibular joint Explain the clinical significance of pterygoid venous plexus Describe the features of dislocation of temporomandibular joint	219 220 220 222 222
AN 34.1 AN 34.3		Submandibular Region Describe and demonstrate the morphology, relations and nerve supply of submandibular salivary gland and submandibular ganglion Describe the basis of formation of submandibular stones	224 225
AN 35.2 AN 35.5 AN 35.6 AN 35.8 AN 35.9		Deep Structures in the Neck Describe and demonstrate location, parts, borders, surfaces, relations and blood supply of thyroid gland Describe and demonstrate extent, drainage and applied anatomy of cervical lymph nodes Describe and demonstrate the extent, formation, relation and branches of cervical sympathetic chain Describe the anatomically relevant clinical features of thyroid swellings Describe the clinical features of compression of subclavian artery and lower trunk of brachial plexus by cervical rib	226 228 227 229 229
AN 36.2 AN 36.4 AN 36.7		Mouth, Pharynx and Palate Describe the (1) morphology, relations, blood supply and applied anatomy of palatine tonsil, (2) composition of soft palate Describe the components and functions of Waldeyer's lymphatic ring Describe the clinical significance of Killian's dehiscence	239 239 241
AN 37.1 AN 37.2 AN 37.3		Cavity of Nose Describe and demonstrate features of nasal septum, lateral wall of nose, their blood supply and nerve supply Describe location and functional anatomy of paranasal sinuses Describe anatomical basis of sinusitis and maxillary sinus tumours	242 242 242
AN 38.1 AN 38.3		Larynx Describe the morphology, identify structure of the wall, nerve supply, blood supply and actions of intrinsic and extrinsic muscles of the larynx Describe anatomical basis of recurrent laryngeal nerve injury	245 245
AN 39.1 AN 39.2		Tongue Describe and demonstrate the morphology, nerve supply, embryological basis of nerve supply, blood supply, lymphatic drainage and actions of extrinsic and intrinsic muscles of tongue Explain the anatomical basis of hypoglossal nerve palsy	246 247

Competency Number	CORE (Y/N)	Practical Competencies Covered	Page No.
AN 40.1 AN 40.2 AN 40.3		Organs of Hearing and Equilibrium Describe and identify the parts, blood supply and nerve supply of external ear Describe and demonstrate the boundaries, contents, relations and functional anatomy of middle ear and auditory tube Describe the features of internal ear	248 248 249
AN 41.1 AN 41.2		Eyeball Describe and demonstrate parts and layers of eyeball Describe the anatomical aspects of cataract, glaucoma and central retinal artery occlusion	250 251
AN 42.1 AN 42.2 AN 42.3		Back Region Describe the contents of the vertebral canal Describe and demonstrate the boundaries and contents of suboccipital triangle Describe the position, direction of fibres, relations, nerve supply, actions of semispinalis capitis and splenius capitis	234 233 233
AN 43.1		Head and Neck Joints Describe and demonstrate the movements with muscles producing the movements of atlanto-occipital joint and atlantoaxial joint	231
AN 44.1 AN 44.3 AN 44.4 AN 44.5 AN 44.6		Anterior Abdominal Wall Describe and demonstrate the planes (transpyloric, transtubercular, subcostal, lateral vertical, linea alba, linea semilunaris), regions and quadrants of abdomen Describe the formation of rectus sheath and its contents Describe and demonstrate extent, boundaries, contents of inguinal canal including Hesselbach's triangle Explain the anatomical basis of inguinal hernia Describe and demonstrate attachments of muscles of anterior abdominal wall	159 151 154 156 150
AN 46.1 AN 46.3 AN 46.4 AN 46.5		Male External Genitalia Describe and demonstrate coverings, internal structure, side determination, blood supply, nerve supply, lymphatic drainage and descent of testis with its applied anatomy Describe penis under following headings (parts, components, blood supply and lymphatic drainage) Explain the anatomical basis of varicocele Explain the anatomical basis of phimosis and circumcision	155 157 158 158
AN 47.1 AN 47.2 AN 47.5 AN 47.6 AN 47.7 AN 47.9 AN 47.10 AN 47.13 AN 47.14		Abdominal Cavity Describe and identify boundaries and recesses of lesser and greater sac Name and identify various peritoneal folds and pouches with its explanation Describe and demonstrate major viscera of abdomen under following headings (anatomical position, external and internal features, important peritoneal and other relations, blood supply, nerve supply, lymphatic drainage and applied aspects) Explain the anatomical basis of splenic notch, accessory spleens, Kehr's sign, different types of vagotomy, liver biopsy (site of needle puncture), referred pain in cholecystitis, obstructive jaundice, referred pain around umbilicus, radiating pain of kidney to groin and lymphatic spread in carcinoma stomach Mention the clinical importance of Calot's triangle Describe and identify the origin, course, important relations and branches of abdominal aorta, coeliac trunk, superior mesenteric, inferior mesenteric and common iliac artery Enumerate the sites of portosystemic anastomosis Describe and demonstrate the attachments, openings, nerve supply and action of the thoracoabdominal diaphragm Describe the abnormal openings of thoracoabdominal diaphragm and diaphragmatic hernia	159 159 162 169 168 166, 175 167 174 174

<i>Competency Number</i>	<i>CORE (Y/N)</i>	<i>Practical Competencies Covered</i>	<i>Page No.</i>
AN 48.1		Pelvic Wall and Viscera Describe and demonstrate the (position, features, important peritoneal and other relations, blood supply, nerve supply, lymphatic drainage and clinical aspects) important male and female pelvic viscera	183
AN 48.4		Describe the branches of sacral plexus	189
AN 48.6		Describe the neurological basis of automatic bladder	182
AN 49.2		Perineum Describe and identify perineal body	177
AN 49.3		Describe and demonstrate perineal membrane in male and female	177
AN 49.4		Describe and demonstrate boundaries, content and applied anatomy of ischiorectal fossa	177
AN 50.2		Vertebral Column Describe and demonstrate the type, articular end, ligaments and movements of intervertebral joints, sacroiliac joints and pubic symphysis	190
AN 53.3		Osteology Define true pelvis and false pelvis and demonstrate sex determination in male and female bony pelvis	149
AN 56.1		Meninges and CSF Describe and identify various layers of meninges with its extent and modifications	258
AN 56.2		Describe circulation of CSF with its applied anatomy	259
AN 57.3		Spinal Cord Draw and label transverse section of spinal cord at midcervical and midthoracic level	260
AN 57.4		Enumerate ascending and descending tracts at midthoracic level of spinal cord	260
AN 57.5		Describe anatomical basis of syringomyelia	262
AN 58.1		Medulla Oblongata Identify external features of medulla oblongata	273
AN 58.2		Describe transverse section of medulla oblongata at the level of (1) pyramidal decussation, (2) sensory decussation (3) ION	273, 274
AN 58.4		Describe anatomical basis and effects of medial and lateral medullary syndrome	292
AN 59.1		Pons Identify external features of pons	275
AN 59.2		Draw and label transverse section of pons at the upper and lower level	275
AN 60.1		Cerebellum Describe and demonstrate external and internal features of cerebellum	277
AN 60.2		Describe connections of cerebellar cortex and intracerebellar nuclei	277
AN 61.1		Midbrain Identify external and internal features of midbrain	276
AN 61.2		Describe internal features of midbrain at the level of superior and inferior colliculus	276
AN 61.3		Describe anatomical basis and effects of Benedikt's and Weber's syndrome	292
AN 62.1		Cranial Nerve Nuclei and Cerebral Hemispheres Enumerate cranial nerve nuclei with its functional component	263
AN 62.2		Describe and demonstrate surfaces, sulci, gyri, poles, and functional areas of cerebral hemisphere	281, 283
AN 62.5		Describe boundaries, parts, gross relations, major nuclei and connections of dorsal thalamus, hypothalamus, epithalamus, metathalamus and subthalamus	284
AN 62.6		Describe and identify formation, branches and major areas of distribution of circle of Willis	285, 290
AN 63.1		Ventricular System Describe and demonstrate parts, boundaries and features of III, IV and lateral ventricles	279, 286

