

# Contents

<i>Preface</i>	v
<i>Abbreviations</i>	ix
UNIT 1 Concepts of Health and Disease	1
UNIT 2 Preventive Medicine	79
UNIT 3 National Health Programmes I	143
UNIT 4 National Health Programmes II	185
UNIT 5 Community Services	232
<i>Glossary</i>	287
<i>Revision Questions</i>	295
<i>Index</i>	315