

# Contents

*Preface* ..... *vii*

## ADULT HEALTH NURSING

Nursing Care Plan – 1 .....	4–17
Case Presentation .....	18–31
Case Study .....	32–45
Assessment of Critically Ill-Adult .....	46–55
Assessment of Critically Ill-Geriatric .....	56–65
Assessment of Neurological System .....	66–79
Cardiovascular Assessment .....	80–87
Burn Wound Assessment – 1 .....	88–95
Fall Risk Assessment in Older Individuals .....	96–101
Fall Risk Assessment in Children .....	102–108
Health Education – 1 .....	109–113
Nephrology and Urology Assessment of an Adult .....	114–128
Nephrology and Urology Assessment of Geriatric Patients .....	129–143
Objective Structured Clinical Examination .....	144–157
Drug Study – 1 .....	158–163

## MIDWIFERY/OBSTETRICS AND GYNECOLOGY (OBG) NURSING

Antenatal Care and Assessment .....	166–175
Postnatal Assessment .....	176–188
Placental Examination – 1 .....	189–192
Placental Examination – 2 .....	193–196
Conduction of Normal Vaginal Delivery .....	197–204
Per Vaginal Examination – 1 .....	205–207

Conduction of Abnormal Vaginal/Instrumental Delivery .....	208–216
Newborn Resuscitation .....	217–222
Episiotomy and Suturing .....	223–224
IUD—Insertion .....	225–226
Objective Structured Clinical Examination (OSCE) .....	227–232

## CHILD HEALTH NURSING

Nursing Care Plan .....	234–250
Case Study .....	251–271
Case Presentation .....	272–286
Growth and Development – 1 .....	287–290
Growth and Development – 2 .....	291–295
Growth and Development – 3 .....	296–299
Growth and Development – 4 .....	300–302
Health Education – 1 .....	303–312

## COMMUNITY HEALTH NURSING

Community Health Assessment – 1 .....	314–322
Health Assessment .....	323–331
Nutritional Assessment in Children .....	332–334
Home Visit .....	335–336
Assessment for Noncommunicable Diseases and Management .....	337–340
Nutritional Assessment in Adult .....	341–346
Antenatal Assessment (High-Risk) .....	347–357
Conduct of Normal Vaginal Delivery .....	358–365
Postnatal Assessment .....	366–378
Newborn Assessment .....	379–381
Family Planning Counseling .....	382–383
Participation in Disaster Mock Drill .....	384–386
Occupational Health Assessment .....	387–395
Objective Structured Clinical Examination (OSCE) .....	396–400

Participation Report on National Health Programs .....	401–402
School Health Program .....	403–407
Survey Report (Urban) .....	408–409
Survey Report (Rural) .....	410–411
Health Assessment of Under Five Children .....	412–415
Nutritional Assessment in Children .....	416–419
Objective Structured Clinical Examination (OSCE) .....	420–422

## MENTAL HEALTH NURSING

History Taking .....	424–431
Mental Status Examination .....	432–444
Mini-Mental Status Examination .....	445–447
Process Recording .....	448–452
Neurological Examination .....	453–467
Nursing Care Plan .....	468–480
Case Presentation .....	481–502
Case Study .....	503–524
Psychoeducation/Health Education – 1 .....	525–530
Observation Report .....	531–534
Assisting Therapies – Behavioral Therapy .....	535–538
De-Addiction Therapy .....	539–543
Family Therapy .....	544–547
Group Therapy .....	548–550
Milieu Therapy .....	551–552
Occupational Therapy .....	553–556
Electroconvulsive Therapy .....	557–563
Antianxiety Drug .....	564–567
Antimanic Drug .....	568–572
Drug Study .....	573–576
Objective Structured Practical/Clinical Examination .....	577–580