



Contents

<i>Foreword by Sunder Lal</i>	<i>v</i>
<i>Foreword by K M Annamalai</i>	<i>vii</i>
<i>The Advisory Board</i>	<i>ix</i>
<i>About the Authors</i>	<i>xi</i>
<i>Preface</i>	<i>xiii</i>
<i>Acknowledgments</i>	<i>xv</i>
<i>Contributors and Reviewers</i>	<i>xvii</i>
<i>Special Features of the Book</i>	<i>xxiii</i>
<i>Syllabus</i>	<i>xxvii</i>
<i>List of Abbreviations</i>	<i>xxxv</i>

Chapter 1 Introduction and Overview of Rehabilitation1–9

Kuldeep Deka, K Vijaya Kumar

- Introduction 2
- Defining Rehabilitation 2
- Route of Rehabilitation 3
- Levels of Prevention 4
- Conceptualization of Disease Prevention and Rehabilitation 4
- Rehabilitation Professionals 5
- Content of Rehabilitation 6

Chapter 2 Community-Based Rehabilitation11–19

K Vijaya Kumar, Kuldeep Deka

- Introduction 12
- Definition 12
- Objectives 12
- Role 12
- Desirable Outcomes 12
- Implementation 13
- Principles 13
- Community-Based Rehabilitation and Institutional-Based Rehabilitation—The Continuum of Care 15

Chapter 3 Models of Disability and International Classification of Functioning, Disability and Health.....21–42

Pankaj Kumar Malik

- Introduction 22
- Need and Importance of Models of Disability 23
- Historical Models of Disability 24
- Recent Models of Disability 26
- International Classification of Functioning, Disability and Health Model 28

Chapter 4 Epidemiology of Disability43–50

Fatima Nazia Sultana, Kuldeep Deka

- Introduction 44
- Disability-Adjusted Life Years 44
- Quality-Adjusted Life Years 44
- Global Epidemiology of Disability 45
- Types of Disabilities 46

Chapter 5 Levels of Healthcare for Persons with Disabilities51–60

Divya Gupta, Apurva Chatterjee

- Introduction 52
- Levels of Healthcare 52
- Tiered Healthcare Rehabilitation 52
- Referral Systems and Continuum of Care 54
- National Programs Supporting Rehabilitation 57
- Role of Physiotherapy 57
- Challenges in Delivering Multilevel Care in Rural Areas 58
- Strategies for Improvement 58

Chapter 6 Organizations for Disability and Rehabilitation61–70

Fatima Nazia Sultana, Kuldeep Deka

- Introduction 62
- Categories of Organizations 62
- International Organizations 62
- Indian Organizations 65

Chapter 7 Rehabilitation Systems in Low- and Middle-Income Countries71–76

Natasha Verma

- Introduction 72
- Challenges in Low- and Middle-Income Countries 72
- Factors Affecting Rehabilitation Systems 72
- Key Issues for Disability and Rehabilitation Systems 74
- Conclusion 74

Chapter 8 Primary Care for Persons with Disabilities77–87

Kuldeep Deka, K Vijaya Kumar

- Introduction 78
- Definitions of Primary Care 78
- Physiotherapists as Primary Care Health Professionals 79
- Models of Primary Care Physiotherapists 79
- Provision of Healthcare for Person with Disability 80
- Disparities in Access to Primary Care 81
- Health Promotion for Persons with Disabilities 82
- Conclusion 83

Chapter 9 Rehabilitation Team89–101

K Vijaya Kumar, Kuldeep Deka, Priyabrata Kalikinkar Ojha

- Introduction 90
- Types of Team Approaches 90
- Relevance of Multiple Disciplinary Approaches 93
- Members of the Rehabilitation Team 93
- Role of Family in Rehabilitation 97

Chapter 10 Psychosocial Aspects in Rehabilitation103–109

Sandamita Choudhury

- Introduction 104
- Psychosocial Model 104
- Biopsychosocial Model 106
- Case Study 107

Chapter 11	Vocational Rehabilitation	111–125
	<i>Priyabrata Kalikinkar Ojha</i>	
	• Introduction 112 • Vocational Rehabilitation 112 • Obstacles Faced by Persons with Disabilities in Seeking Employment Opportunities 116 • Vocational Rehabilitation Team 117 • Employment Models 119 • Conclusion 121	
Chapter 12	Functional Evaluation and Quality of Life in Persons with Disability	127–136
	<i>Suchitha S Rao</i>	
	• Introduction 128 • Functional Evaluation 128 • Quality of Life 131 • Disability Evaluation and Role of Rehabilitation Council of India 132	
Chapter 13	Architectural Barriers in Rehabilitation	137–155
	<i>Apurva Chatterjee</i>	
	• Introduction 138 • Architectural Challenges 138 • Types of Architectural Barriers 138 • Architectural Barriers and Physiotherapy 139 • Directions for Addressing Architectural Barriers 144 • Policy and Advocacy 147 • Case Studies 149	
Chapter 14	Assistive Technologies in Rehabilitation	157–176
	<i>Priyabrata Kalikinkar Ojha</i>	
	• Introduction 158 • Assistive Technology Abandonment 158 • Human Factors in Accessibility 159 • Classification 159 • Ethical Issues 160 • Mobility Impairment 160 • Hearing Impairment 164 • Visual Impairment and Blindness 165 • Communication Disorders 165 • Learning and Cognition Impairments 168 • Leprosy 169 • Initiatives on Improving Accessibility and Availability 169	
Chapter 15	Orthotics and Mobility Aids	177–206
	<i>Avilash Mohapatra, Sneha Patwari</i>	
	• Introduction 178 • Upper Limb Orthoses 178 • Spinal Orthoses 185 • Lower Limb Orthoses 191 • Mobility Aids 194 • Physiotherapy Interventions for Mobility Aid Training 197 • Community-Based Rehabilitation and Mobility Aids 201	
Chapter 16	Prosthesis	207–230
	<i>Sneha Patwari, Avilash Mohapatra</i>	
	• Introduction 208 • Application of Prosthetics 208 • Upper Limb Prosthesis 208 • Prosthetic Components 210 • Amputee Care and Rehabilitation 215 • Lower Limb Amputation 218 • Types of Prosthesis 221 • Check Out Procedure 225	
Chapter 17	Occupational Health and Hazards	231–245
	<i>Basavaraj G Chandu</i>	
	• Introduction 232 • Occupational Hazards 232	

Chapter 18 Rehabilitation in Communication Disorders247–261*Somashekara H S, Shwetha Prabhu*

- Introduction 248
- Communication 248
- Communication in Rehabilitation 248
- Communication Barriers 250
- Communication Disorders 251
- Considerations During Rehabilitation 256

Chapter 19 Rehabilitation in Visual and Intellectual Disabilities263–270*Isha Vikas Malik*

- Introduction 264
- Definitions 264
- Prevalence 264
- Visual Impairment 264
- Intellectual Disability 265
- Role of Physiotherapy 265

Chapter 20 Women's Health—Initiatives and Rehabilitation.....271–311*Arati Mahishale, Basavaraj G Chandu*

- Introduction 272
- Puberty 272
- Premenstrual Syndrome 279
- Antenatal Phase 280
- Postnatal Phase 290
- Menopause 295
- Pelvic and Reproductive Health Conditions 299
- Initiatives by Central Government to Improve Women's Health 302

Chapter 21 Geriatric Rehabilitation313–331*Kuldeep Deka, K Vijaya Kumar*

- Introduction 314
- Aging Process 314
- Comprehensive Geriatric Assessment 316
- Geriatric Syndromes 317
- Frailty 318
- Prevention of Falls in Elderly 319
- Successful Aging 322
- Institutionalized Elderly 323
- Rehabilitation Interventions 324

Chapter 22 Palliative Care and Rehabilitation333–340*Kuldeep Deka, Shyam Krishnan K*

- Introduction 334
- Connection between Palliative Care and Rehabilitation 334
- Objective of Palliative Care 334
- Screening Tools and Assessment 335
- Objectives of Rehabilitation in Palliative Care 336
- End-of-Life Care and Hospice Care 336

Chapter 23 Promoting Inclusive Sports for Individuals with Disabilities.....341–349*Vijayakumar Palaniswamy*

- Introduction 342
- Reverse Integration in Sports 342
- Inclusive Spectrum 342
- Other Systems and Tools for Promoting Physical Activity in Disabled Persons 343
- Global Case Scenarios in Promoting Disabled Sports 344
- Professional and Global Authority Guidelines 346
- Conclusion 346

Chapter 24 Need-Based Rehabilitation in Disaster Management.....351–358*Kuldeep Deka, Pallabi Goswami*

- Introduction 352
- Categorization of Disaster 352
- Rehabilitation in Disaster Management 353

Chapter 25	Evidence-Based Practice in Rehabilitation	359–366
	<i>Suchitha S Rao</i>	
	• Introduction 360 • Importance 360 • Principles 360 • Process 361 • Implementation 362 • The Read Model 363 • Barriers 364	
Annexure 1	Clinical Assessment of Community-Dwelling Individuals	367–388
	<i>Megha M Nayak, Shyam Krishnan K</i>	
Annexure 2	Aging Workforce: Work Participation and Physical Health Assessment.....	389–390
	<i>Shyam Krishnan K, Kuldeep Deka, Megha M Nayak, Sheetal Raj, K Vijaya Kumar</i>	
Annexure 3	Government of India Guidelines for Disability Evaluation	391–413
<i>Index</i>		415