

Contents

Foreword	v
Reviewers' List	vii
Preface	ix
Acknowledgments	xi
Special Features of the Book	xvii
Syllabus	xix
Recent Updates 2022	xxv

UNIT I HEALTH AND COMMUNITY

CHAPTER	1	Introduction to Health and Community.....	3
---------	---	---	---

UNIT II DETERMINANTS OF HEALTH

CHAPTER	2	Introduction to Determinants of Health.....	23
CHAPTER	3	Eugenics	27
CHAPTER	4	Environment: Air.....	36
CHAPTER	5	Light.....	41
CHAPTER	6	Ventilation.....	46
CHAPTER	7	Water.....	50
CHAPTER	8	Housing.....	65
CHAPTER	9	Sanitation: Solid Waste Disposal.....	70
CHAPTER	10	Excreta and Sewage Disposal	78
CHAPTER	11	Disposal of Dead Bodies	88
CHAPTER	12	Forestation.....	91
CHAPTER	13	Noise	94
CHAPTER	14	Climate	98
CHAPTER	15	Communication: Infrastructure Facilities	106
CHAPTER	16	Acts Regulating Environment.....	113
CHAPTER	17	Bacterial and Viral: Agents, Host, Carriers and Immunity	118
CHAPTER	18	Arthropods	128
CHAPTER	19	Food Hygiene	138
CHAPTER	20.1	Sociocultural Aspects of Community	154
CHAPTER	20.2	Marriage	157
CHAPTER	20.3	Family Structure.....	161
CHAPTER	20.4	Status of Special Groups.....	165
CHAPTER	20.5	Hygiene.....	173
CHAPTER	20.6	Lifestyle: Physical Activity	177
CHAPTER	21	Financial Management	190

UNIT III EPIDEMIOLOGY

CHAPTER	22	Epidemiology	197
---------	----	--------------------	-----



UNIT IV EPIDEMIOLOGY AND NURSING MANAGEMENT OF COMMON COMMUNICABLE DISEASES

CHAPTER	23	Respiratory Infections.....	239
CHAPTER	24	Intestinal Infections.....	265
CHAPTER	25	Arthropod Infections	283
CHAPTER	26	Zoonoses	292
CHAPTER	27	Bacterial Zoonoses.....	301
CHAPTER	28	Rickettsial Diseases.....	310
CHAPTER	29	Parasitic Zoonoses	315
CHAPTER	30	Surface Infections	319

UNIT V EPIDEMIOLOGY OF NONCOMMUNICABLE DISEASES

CHAPTER	31	Malnutrition	335
CHAPTER	32	Iron-deficiency Anemia.....	346
CHAPTER	33	Hypertension	350
CHAPTER	34	Stroke: Cerebrovascular Accident	353
CHAPTER	35	Rheumatic Heart Disease	356
CHAPTER	36	Coronary Heart Disease	359
CHAPTER	37	Cancer.....	362
CHAPTER	38	Diabetes Mellitus.....	366
CHAPTER	39	Blindness	370
CHAPTER	40	Accidents.....	374
CHAPTER	41	Mental Illness	377
CHAPTER	42	Obesity	381
CHAPTER	43	Iodine-deficiency Disorder	384
CHAPTER	44	Fluorosis.....	386
CHAPTER	45	Epilepsy.....	388

UNIT VI DEMOGRAPHY

CHAPTER	46	Demography.....	393
---------	----	-----------------	-----

UNIT VII POPULATION AND ITS CONTROL

CHAPTER	47	Population and its Control	413
<i>Index</i>			437

CONTENTS OF PROCEDURE MANUAL

I.	Home Visit	1
II.	Steps Involved in Home Visit	3
III.	Community Health Nurses Bag.....	7
IV.	Maternal and Child Health	37
V.	Cold Chain Maintenance–Equipment	55
VI.	Care Study Guidelines	61
VII.	Health Education: Evaluation.....	68